

It is the intent of these guidelines to establish protocols for engaging in San Diego River Park Foundation (SDRPF)'s outdoor field events, while protecting the health and safety of our volunteers, community members, and staff. Through these guidelines, SDRPF intends to be consistent with local, state and federal public health guidelines. All event participants must follow these protocols while on site during, before and after an event. Failure to do so will result in being disallowed to participate.

Note: for all references below, according to the CDC, people are considered "fully vaccinated" two weeks after their second dose in a 2-dose series (such as Pfizer or Moderna vaccines), or two weeks after a single-dose vaccine (such as Johnson & Johnson's Janssen vaccine)

COVID-19 Event Guidelines for SDRPF Staff and Volunteers:

General Guidelines:

- *Stay Home if Feeling Ill:* Stay home if you or anyone in your household has symptoms associated with COVID-19, including fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, or diarrhea. Staff and volunteers should self-monitor their temperature, and if elevated, stay home. No one may participate with a temperature at or above 100°F.
- *Stay Home After Known or Suspected Exposure:* After close contact with someone who has COVID-19, stay home for 10 days. Close contact is defined by public health guidance as being within 6 feet of infected person for cumulative 15 or more minutes in a 24-hour period, or having been in direct physical contact. See CDC definition for additional examples. If you have been fully vaccinated or had COVID-19 and recovered in the last three months at the time of exposure, contact your doctor about the appropriate self-quarantine before returning to volunteer events.
- *Sanitize Hands Frequently:* team leaders will carry hand sanitizer, and event participants should sanitize hands frequently: at least before water breaks, before touching mask, and before leaving event.
- *Facial Coverings:* Event participants must wear facial coverings over their mouth and nose during events as required by the current guidelines.
- *Maintain Distance:* even when wearing a facial covering, maintain 6 feet of physical distance between participants and others.
- *Volunteering is Always Optional:* Volunteers at higher risk of serious COVID-19 sickness because of age or underlying condition are encouraged not to participate in SDRPF events. No volunteers or interns will be disciplined or negatively reviewed for choosing not to participate in a previous commitment during this time, and are encouraged to participate or not within their comfort level.
- *Vaccinated Volunteers:* Based on CDC recommendations, volunteers who have completed COVID-19 vaccinations must still observe all event guidelines, including but not limited to wearing facial coverings over nose and mouth, maintaining 6 feet of distance, and hand hygiene.

Volunteering After Travel:

If you are fully vaccinated, or have recovered from COVID-19 in the last 3 months:

- *Domestic Travel:* self-monitor for COVID-19 symptoms, and isolate if you develop symptoms. You do not need to get tested or self-quarantine after domestic travel if you are fully vaccinated, unless you develop symptoms.
- *10 Day Wait After International Travel:* Any staff or volunteer that travels outside the country must inform their supervisor prior to attending an SDRPF event. Based on current guidance, anyone who has traveled outside the country may not attend events for 10 days following the return during the CDC-recommended self-quarantine.

Based on current State and CDC guidelines, it is recommended to delay all nonessential travel until fully vaccinated. If you are not fully vaccinated and must travel:

- **10 Day Wait After Domestic or International Travel:** Per the CA Dept. of Public Health Travel Advisory and CDC guidance, after travel, unvaccinated volunteers or staff should not attend SDRPF events for 10 days. After 5 days, the volunteer may elect to get tested, and a negative COVID test may reduce this period to 7 days.

Field Teams:

- **Volunteer Opportunities Limited:** Volunteer events are not widely open to all volunteers, and some events are only open to volunteers with prior experience with and training from SDRPF.
- **Team Size:** Team sizes will be limited based on activity, tools needed, staging area size and other factors to ensure participant and staff safety. Teams will be comprised of one or more trained individuals serving as a “Safety Officer” supervising up to ten volunteers. An additional trained individual or individuals may serve as assistant to the Safety Officer. Each assistant Safety Officer may supervise an additional 5 volunteers. This means typical event sizes will range from 10 to 20 people to facilitate adequate spacing, safety and oversight. Larger events will be considered on a case by case basis when spacing and event design allows adequate distancing.
- **Safety Officers:** Safety officers and assistant safety officers will receive additional instruction on protocols, and will hold a tailgate talk at the beginning of every event to remind volunteers of event safety guidelines. Safety officers and assistant safety officers will wear safety vests for easy identification in the field.

Event Design Modifications:

- **Meet Outdoors:** Participants will meet in the field, rather than the office or indoor location.
- **Electronic Waivers:** Collection of event waivers through electronic means is strongly encouraged to avoid handling of papers and sharing of pens. Use the updated COVID waiver (attached).
- **Frequent Reminders:** Before every event, leaders will remind teams about protocols, and make clear that they will be excluded from future events for not following guidelines. Volunteers are encouraged to watch out for each other and offer reminders to peers during events.
- **Avoid Encampments:** Event participants will maintain more than 20 feet separation from potentially active encampments. In cases where it is impossible to pass an active encampment or person of unknown infection status while maintaining 20 feet, team leader will use best judgment to determine if team can safely pass. It is acceptable to reduce this radius on rare occasion, so long as maximum distance possible is maintained and fewer than 20 feet is only permitted momentarily in passing (for less than 60 seconds). Use best judgment to avoid interacting with trash, debris, and other hard surfaces that may have been recently touched by a person of unknown infection status. Inactive encampments must have been vacant for at least 4 days before being targeted for clean-up by SDRPF.
- **Carpooling:** Carpooling is discouraged except with someone in own household or family group. In limited circumstances, carpooling with SDRPF staff may be permitted with permission from supervisor, and additional PPE will be required.
- **Avoid Public Restrooms:** Plan ahead to avoid using public restrooms or other public facilities.
- **Water Breaks:** Because facial coverings may interfere with normal hydration practices, team leaders will frequently remind volunteers to take water breaks and provide hand sanitizer.

PPE and Equipment:

- **Facial Coverings:** Event participants must wear facial coverings over their mouth and nose. For events where hand hygiene makes it impractical to sanitize hands before touching mask (such as while handling trash, herbicide or while in possible contact with poison oak), event participants

should wear facial covering at all times. If removing the facial covering is needed, participants shall first notify surrounding volunteers that they are lowering their mask, ensure they are at least 6 feet from others, and sanitize hands before touching mask.

- *Limit Shared Equipment:* Sharing equipment, especially equipment with hard surfaces, is discouraged.
- *Sanitize Shared Equipment Between Users:* Shared tools (ex: loppers, shovels) will be cleaned between uses with a bleach or alcohol solution consistent with CDC disinfecting guidelines.
- *Sharing the SDRPF Vehicles:* SDRPF vehicles are considered shared equipment. Drivers will sanitize the passenger compartment using sanitizer spray or wipes, including the steering wheel, shifter, indicators, radio, A/C and other controls, armrests, interior and exterior handles, and any parts touched in the course of operating the vehicle. Keys will also be sanitized and returned to office.
- *Gloves Required:* Latex (single-use) gloves will be provided by SDRPF and can be worn alone or under heavier-duty gloves, as appropriate for the work planned. Protective work gloves (reusable) will be designated to each individual core volunteer participant, and they will be asked to keep them and bring them to the next event to minimize sharing of equipment. When using shared gloves, volunteers must wear latex gloves in addition, under the reusable work gloves.

SDPRF Office Additional Guidelines:

- The SDRPF office is closed to visitors until further notice.
- Volunteers and interns may be approved for some limited in-office activities, at the discretion of the CEO or Chief Associate Director, on a case by case basis. All persons shall be trained and shall follow the posted Safe Re-Opening Plans for the building common areas and the SDRPF suites while in the office for any length of time or reason.
- A delivery/pick-up zone will be designated inside the doorway to allow certain authorized volunteers to securely pick up or drop off equipment at the office without entering the office.
- Staff in the office will follow posted Safe Re-Opening Plans for the building common areas and the SDRPF suites while in the office for any length of time or reason.



**The San Diego River Park Foundation
WAIVER OF LIABILITY**

I hereby waive any right or cause of action arising as a result of my participation in The San Diego River Park Foundation's service project ("Project"), including transportation if provided, from which any liability may or could accrue against The San Diego River Park Foundation or the directors, volunteers and staff, collectively or individually as well as project sponsors or other partnering entities. Without limiting the generality of the foregoing, I agree that this waiver shall include any rights or causes of action resulting from personal injury to me or damage to my property sustained in connection with my activities during the Project.

I acknowledge that The San Diego River Park Foundation practices respect and takes a non-confrontational approach to interactions with the public, including fellow volunteers and individuals experiencing homelessness. As a volunteer with the organization, I will respect others and their belongings consistent with The San Diego River Park Foundation's practice.

I acknowledge that I have received and will follow the precautions outlined in the COVID-19 Event Guidelines dated April 15, 2021.

I also hereby authorize and consent that The San Diego River Park Foundation has the right to copyright, publish, use, sell or assign any and all photographic pictures, videos and/or sound recordings taken or made of me or the youth mentioned below or in which I or the youth mentioned below may be included in whole or part during the projects. I grant permission to The San Diego River Park Foundation to allow these images and/or recordings, which have been taken by or at the direction of the San Diego River Park Foundation to be put to legitimate use at their discretion. I relinquish all rights, title or interest to any furnished products, reproductions or facsimiles.

Cell number: _____ **Event Date:** _____
(to be used in case of emergency to contact volunteer during activity)

Volunteer name (print): _____

Volunteer Signature: _____

<input type="checkbox"/> Yes, I would like to receive free updates by email about volunteer opportunities and events. (SDRPF will not sell or share your information with others.)	
E-mail: _____	Zip code: _____

<input type="checkbox"/> Yes, I would like to learn more about the following SDRPF programs:	
<input type="checkbox"/> Free Youth Education Programs	<input type="checkbox"/> Additional Volunteer Opportunities
<input type="checkbox"/> Becoming a Member/Making a Donation	<input type="checkbox"/> Something else:
Please contact me at the email above (or write here):	

I heard about this event through:

- | | |
|---|--|
| <input type="checkbox"/> Sandiegoriver.org | <input type="checkbox"/> School |
| <input type="checkbox"/> Volunteermatch.org | <input type="checkbox"/> Military |
| <input type="checkbox"/> Other website | <input type="checkbox"/> Work |
| <input type="checkbox"/> SDRPF e-newsletter email | <input type="checkbox"/> Other group or club |
| <input type="checkbox"/> Social media | <input type="checkbox"/> Newspaper, Magazine, TV |
| <input type="checkbox"/> Flyer | <input type="checkbox"/> Word of Mouth |
| <input type="checkbox"/> Patagonia Action Works | <input type="checkbox"/> Something else: |